



Shramik Shikshan Mandal's  
**F. G. Naik College of Arts, Science (IT) & Commerce**

Plot No. 11 to 21 Sector-08, Koparkhairne, Navi Mumbai 400709  
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**Two Page Summary Report on "Sports Events"**

2017-18







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Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigor of life. Along with bookish learning, a student should spend his time on games and sports also. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Education without sports is incomplete.

The Sports Committee of our college organized various indoor and outdoor sports for our students. Also the students were encouraged to participate at District, State, National and International Level competitions in the field of sports. With the help of college faculty we are continuously improving in sports field.

  
IQAC CO-ORDINATOR



  
PRINCIPAL  
F.G. Naik College Of  
Arts, Science & Commerce  
Bonkade, Koparkhairne,  
Navi Mumbai, Dist. Thane





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### Two Page Summary Report on "Cultural Events"







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## Two Page Summary Report on "Cultural Events"





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The Cultural Committee and Marathi Vangmay Mandal of the college organizes various events in the college as it is part of the core of our culture.

Various cultural events such as rakhi making, rangoli making, traditional day, etc.

Their goal is to enjoy the special moments and feelings of their lives with their loved ones. The purpose of the festivals is to pass on legends, knowledge and traditions to the next generation.

Marathi Vangmay Mandal conducted various regional cultural events that promote integration of culture of Maharashtra.

All the above events are celebrated every year in the college. This programs are designed to help the students to respect our traditions and will help keep us in to be in our culture and adapt to the new one.

  
**IQAC CO-ORDINATOR**



  
**H/CHIEF**  
F.G. Naik College Of  
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